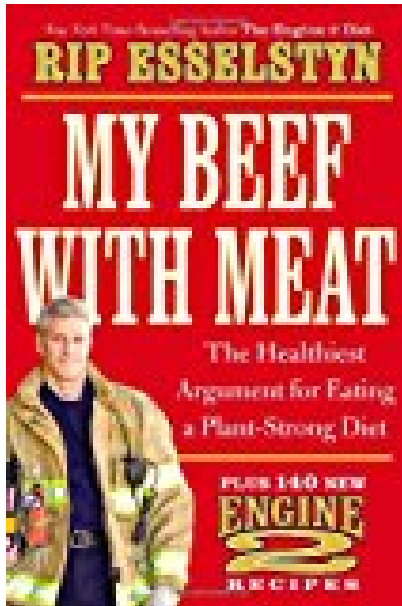


My Beef with Meat The Healthiest Argument for Eating a Plant-Strong Diet--Plus 140 New Engine 2 Recipes



BOOK DETAILS

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BOOK SYNOPSIS

"The New York Times bestselling author of The Engine 2 diet is back with the definitive guide to the benefits of plant-based eating--and all new recipes"--

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