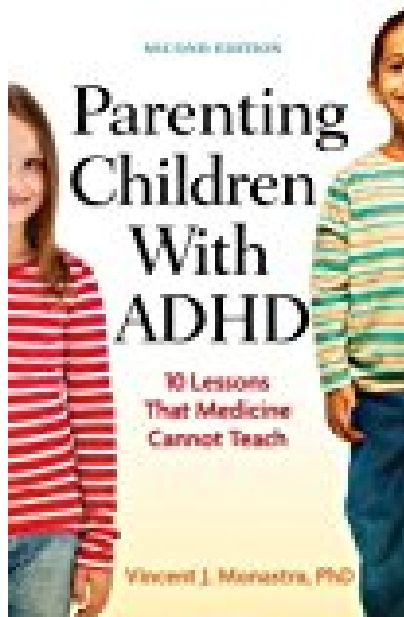


Parenting Children with ADHD 10 Lessons That Medicine Cannot Teach Lifetools Books for the General Public



BOOK DETAILS

- Author : Vincent J. Monastra
- Pages : 252 Pages
- Publisher : American Psychological Association (APA)
- Language : English
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BOOK SYNOPSIS

In this second edition, Dr. Vince Monastra provides practical, step-by-step guidance to parents looking for ways to bring out the best in kids with attention-deficit/hyperactivity disorder. He presents updated lessons about the causes of ADHD, how medications work, and the problems that sleep deficits, poor nutrition, and other medical disorders can cause. He also shares his innovative approach for improving organization, task completion, problem solving, and emotional control.

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